



Sublingual immunotherapy is a painless solution to your allergies!

Compare sublingual drops with allergy shots and prescription medications.

	ALLERGY DROPS	ALLERGY SHOTS	PHARMACOTHERAPY
Method of administration	Drops under the tongue	Shot in arm(s)	Inhale, nasal spray, SVN, swallow, drink
Adverse reactions	Nausea, itching/tingling in mouth	Swelling, itching, hay fever, life-threatening anaphylaxis	Drowsiness, restlessness, dry mouth, increased infection risk, etc.
Number of provider visits	Once every 12 weeks	1-2 times every week	Frequent for medication refills, acute flare ups, resulting infections
Allergy testing required	Yes, as needed	Yes, as needed	Recommended
Who should NOT use	Severe immunodeficiency	Taking beta-blockers, history of anaphylaxis, young children, infants, severe asthmatics, severe immunodeficiency	Medication-dependent but may include hypertension, immunodeficiency, people on interacting meds, bad reaction to meds
Duration of treatment	4 years	3-5 years or more	Life-long
Treatment frequency / location	Daily drops under the tongue / home	Shots 1-2 times per week / doctor's office	Daily single or multiple doses / home
FDA approved	Serum: Yes / Method: Pending	Serum: Yes / Method: Yes	Yes
Effective	Yes	Yes	50% of patients are dissatisfied
Insurance coverage for allergy testing	Yes, but call insurance company for your specific benefits	Yes, but call insurance company for your specific benefits	Yes, but most patients are not tested before meds are prescribed
Insurance coverage for serum	No, however usually lower out of pocket cost (see below)	Yes	Yes for treatments and meds but tiers vary by med
Costs	\$195 for 12 week supply ¹ plus a co-pay for quarterly office visit	Co-pay each week for office visits, insurance co-pays vary	Co-pay for office visits, co-pay for meds
Treatment time	2 minutes daily (in the comfort of your home)	Hours weekly (driving to and from doctor, waiting after each shot)	1-30 minutes per day depending on quantity and type of meds
Cost Example ²	$\$20 \text{ co-pay} \times 4 \text{ visits/yr} = \80 $\$195 \text{ drops} \times 4 \text{ orders} = \780 Annual Total = \$860 (Under \$17 per week)	$\$50 \text{ co-pay} \times 78 \text{ visits/yr}^3 = \3900 Hours of lost work = ??? Gas money = ??? Annual Total = \$3,900+	Antihistamines, eyedrops, nasal steroid spray, maintenance inhaler, rescue inhaler ⁴ = \$210/mo Annual Total = \$2,520
		Drops Annual SAVINGS vs Shots: up to \$3,040	Drops Annual SAVINGS vs Meds: up to \$1,660

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¹Supplies typically last 12 weeks but you may finish the bottle early, depending on drop size. ²Based on \$20 co-pay for primary care physician vs. \$50 co-pay for specialist.

³Based on 1.5 visits per week. ⁴Based on estimated cost of prescription medications for allergies and asthma.